# Lack of stereoselectivity in the pharmacokinetics and metabolism of the radiosensitizer Ro 03-8799 in man

Paul Workman<sup>1</sup>, Hugh F. V. Newman<sup>1</sup>, Norman M. Bleehen<sup>1</sup>, Rosemary Ward<sup>1</sup>, and Carey E. Smithen<sup>2</sup>

<sup>1</sup> MRC Clinical Oncology and Radiotherapeutics Unit, Hills Road, Cambridge CB2 2QH, UK

Received 8 February 1989/Accepted 17 December 1990

**Summary.** During a clinical toxicity study it was possible to obtain urine samples from six patients receiving either the R-(-)- or S-(+)-stereoenantiomeric forms of the developmental 2-nitroimidazole radiosensitizer Ro 03-8799 (pimonidazole). Paired plasma samples were also obtained from four patients. The pharmacokinetic data were compared with those for the racemic mixture in the same individuals. The results revealed no major differences in the plasma pharmacokinetics, urinary clearance or *N*-oxidation of the individual enantiomers as compared with the racemic mixture. A similar lack of stereoselectivity with respect to the acute dose-limiting CNS toxicity syndrome suggests that this may not involve a specific CNS receptor interaction.

### Introduction

Ro 03-88799,  $\alpha$ -[(2-nitro-1-imidazolyl)methyl]-1-piperidine-ethanol hydrochloride (pimonidazole, Roche Products), is a developmental hypoxic cell radiosensitizer that has undergone clinical evaluation both alone [13, 14] and in combination with SR 2508 (etanidazole) [1, 9, 10]. As compared with the original lead 2-nitroimidazole misonidazole, Ro 03-8799 has a higher electron affinity [17], is extensively protonated rather than being uncharged at physiological pH (pKa 8.7) [17] and exhibits an ability to accumulate in cells and tissues [1-4, 9, 10]. These features explain the improved radiosensitizing properties of Ro 03-8799 over misonidazole in vitro and in vivo [2, 3, 22]. Tumour concentrations achieved in man are consistent with significant hypoxic cell radiosensitization [1, 3, 4, 9, 10, 13, 14]. On the adverse side, however, the drug produces an acute CNS syndrome comprising dizziness, nausea, taste abnormalities, paraesthesia and a feeling of

$$\begin{array}{c|c} & & & & \\ & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & \\ & & & \\ & & & \\ & & & \\ & & & \\$$

R-(-)-enantiomer

S-(+)-enantiomer

Fig. 1. Stereostructures of the enantiomers of Ro 03-8799 (pimonidazole)

detachment; this limits individual doses to 0.75–1 g/m<sup>2</sup>, and between 15 and 20 doses are tolerable [13, 14]. The pathogenesis of the syndrome remains to be elucidated.

Ro 03-8799 normally exists as a racemic mixture of the R-(-)-and S-(+)-enantiomeric forms (Fig. 1). Prepared separately, these were shown to possess equivalent hypoxic cell-sensitizing activity and chronic aerobic cytotoxicity (Jones and Watts, personal communication). It was considered possible, however, that the two enantiomers might exhibit pharmacodynamic differences with respect to CNS-interactive properties, as do arylalkanolamines and arylalkylamines related in structure to pimonidazole [12, 15]. The identification of an appreciable difference in the ability to invoke the acute CNS response would favour the clinical use of the less toxic enantiomer, which might be given at higher doses than the racemic mixture, thus enabling the potential for a greater radiosensitizing effect.

Behavioural studies have failed to reveal a significant difference in toxicity between the two enantiomers (Holmes, personal communication). However, as no appropriate animal model directly equivalent to the human acute syndrome was available, a comparative study was carried out in man [11]. It was possible to obtain plasma and urine specimens from some of the patients, and the results of these pharmacokinetic studies are presented herein. These were considered to be particularly important since a number of racemic drugs show stereoselective differences in drug handling between enantiomeric forms [5], including misonidazole [21].

<sup>&</sup>lt;sup>2</sup> Roche Products Ltd, Welwyn Garden City, Herts AL7 3AY, UK

Offprint requests to: P. Workman, CRC Dept. of Medical Oncology, CRC Beatson Laboratories, Garscube Estate, Switchback Rd., Bearsden, Glasgow G61 IBD, UK

Table 1. Patients' characteristics

Patient	Diagnosis	Sex	Age (years)	Surface area (m <sup>2</sup> )	Enantiomer R	Dose <sup>a</sup> (g m <sup>-2</sup> )
A	Squamous carcinoma of lung (stage III)	F	66	1.4		
В	Squamous carcinoma of lung (stage III)	M	65	1.8	R	0.75
C	Squamous carcinoma of lung (stage III)	M	69	1.6	R	0.75
D	Squamous carcinoma of lung (recurrent)	F	70	1.8	S	0.5
E	Adenocarcinoma of lung (stage II)	F	64	1.6	S	0.75
F	Squamous carcinoma of lung (stage III)	M	45	1.8	S	1

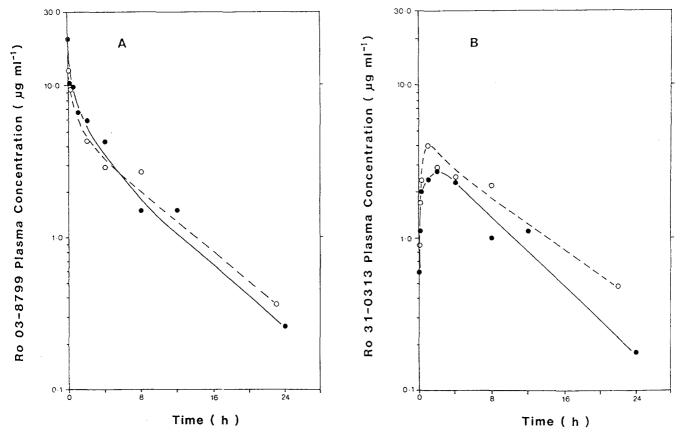
<sup>&</sup>lt;sup>a</sup> Dose at which pharmacokinetic studies were performed

Table 2. Plasma pharmacokinetic parameters for Ro 03-8799 racemic mixture and R- or S-enantiomers

Patient	Dose (g m <sup>-2</sup> )	Doe number <sup>a</sup>	Form	t <sub>1/2</sub> (min)	AUC <sub>0-</sub> $\infty$ (µg m <sup>-1</sup> h <sup>-1</sup> )	$V_d$ (1 m <sup>-2</sup> )	C (1 m <sup>-2</sup> h <sup>-1</sup> )	Peak Ro 31-0313 (μg m <sup>-1</sup> )
A	0.25 0.25	1 2	M R	5.74 5.74	18.43 14.53	157 200	18.99 24.09	0.72 0.37
В	0.75 0.75	5 6	M R	6 6.09	69.05 80.82	169 147	19.55 16.7	1.75 1.32
D	0.5 0.5	3 4	M S	5.61 4.15	39.68 45.78	184 118	22.68 19.66	3.46 4.34
F	1	7 8	M S	4.21 5.01	52.61 50.91	208 255	34.22 35.35	2.77 4.02

<sup>&</sup>lt;sup>a</sup> In escalating dose schedule

M, Racemic mixture



**Fig. 2 A, B.** Plasma pharmacokinetics of **A** Ro 03-8799 and **B** its *N*-oxide metabolite Ro 31-0313 in patient F following the administration of 1 g/m<sup>2</sup> Ro 03-8799 racemic mixture ( $\blacksquare$ ) or the S-enantiomer ( $\bigcirc$ )

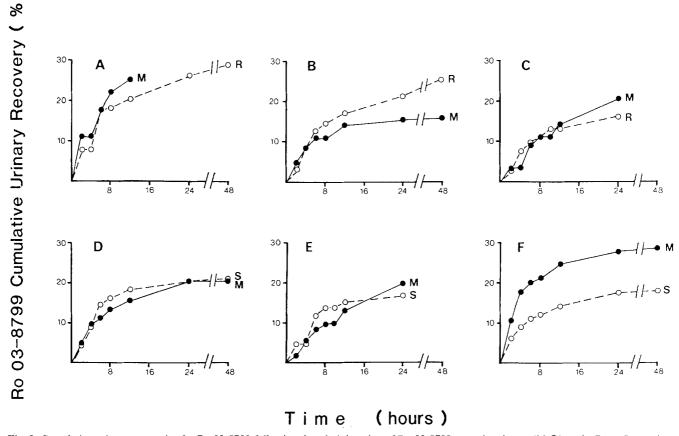


Fig. 3. Cumulative urinary recoveries for Ro 03-8799 following the administration of Ro 03-8799 racemic mixture  $(M, \bullet)$  or the R- or S-enantiomer (O). Individual results are shown for patients A - F

#### Patients and methods

Synthesis of enantiomers. Ro 03-8799 racemic mixture was prepared from racemic epichlorohydrin [16]. Both enantiomers were obtained either by optical resolution of the racemic mixture by diastereomeric salt formation with pure enantiomers of chiral acids or by the kinetic method of stereoselective N-oxidation [8, 11, 20]. N-Acyl derivative of α-amino acids are particularly useful as resolving agents for racemic bases such as Ro 03-8799 because both enantiomers of the amino acid are readily available in high optical purity, at least one of the diastereomeric acid-addition salts is highly crystalline and easily purified by recrystallisation, and subsequent treatment of the purified salt in a conventional manner results in liberation of the corresponding enantiomer of the base and recovery of the resolving agent. Thus, N-phthaloyl-L-phenylalanine gave the pure (-)-enantiomer of Ro 03-8799,  $[\alpha]D - 6.0^{\circ}$  (c = 1.0, MeOH). The absolute stereochemistry of the enantiomers of Ro 03-8799 was established by stereospecific syntheses from the known enantiomers of epichlorohydrin, using the methods previously described by Smithen [16]. Thus, S-(+)-epichlorohydrin obtained from D-mannitol gave the R-(-)-enantiomer of Ro 03-8799 with >90% enantiomeric purity as judged by both optical rotation and chiral nuclear magnetic resonance (NMR). The S-(+)-enantiomer was obtained in similar enantiomeric purity. Each enantiomer was finally converted into the corresponding hydrochloride salt.

Patients. Hospital Ethical Committee approval was granted for the study, and informed consent was obtained from all subjects. Patients received the racemic mixture and either the R- or the S-enantiomer. Drugs were given on alternate days to enable clearance of previous doses of drug. Dosage began at 0.25 g/m² racemic mixture, followed by the same dose of the appropriate enantiomer on a double-blind basis. The dose was escalated within patients through 0.5 and 0.75 to 1 g/m², with each

individual patient receiving the same enantiomer throughout. Drugs were infused i. v. in 50 ml normal saline over 10 min. A total of 12 patients were entered in the toxicity study, 6 from each of 2 centres [11]. The present paper describes the pharmacokinetic results obtained during the Cambridge series, brief details of which are given in Table 1. All doses refer to the hydrochloride salt.

Pharmacokinetic analysis. Fractional urine collections were made for all six patients, and paired plasma samples were obtained from four patients at the same dose of both the racemic mixture and the R- or S-enantiomer. Samples were stored at -20°C until analysis. Concentrations of Ro 03-8799 and its N-oxide metabolite Ro 31-0313 were determined by the paired-ion reverse-phase high-performance liquid chromatography (HPLC) method of Malcolm et al. [7], with minor modifications [19]. Identification of the analytes was made on the basis of co-elution with authentic standards using both the above method and a second, independent chromatographic system, together with the demonstration of identical multidiode-array spectra. The N-oxide was also confirmed by mass spectrometry. Concentrations refer to the hydrochloride salt.

Plasma Ro 03-8799 data were fitted to a one-compartment model by non-linear regression analysis using Subroutine VCO5AD of the Harwell Subroutine Library, and pharmacokinetic parameters were derived from standard equations [18]. No correction was necessary for infusion time according to the criteria of Freedman and Workman [6].

#### Results

Figure 2 shows the plasma pharmacokinetics for a typical patient and Table 2 summarizes the plasma pharmacokinetic parameters determined for all four subjects on whom

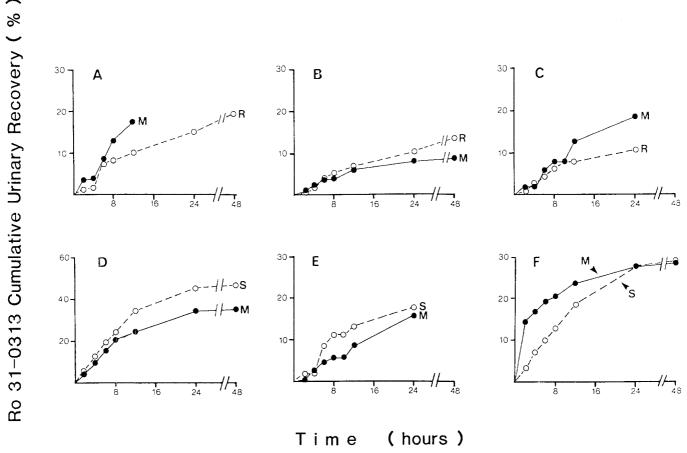


Fig. 4. Cumulative urinary recoveries for the *N*-oxide metabolite Ro 31-0313 following the administration of Ro 03-8799 racemic mixture (M,  $\blacksquare$ ) or the R- or S-enantiomer ( $\bigcirc$ ). Individual results are shown for patients A - F

complete data were available. When the results achieved using the racemic mixture are compared with those obtained for the R- or S-enantiomer within the same patient, it is clear that the findings are extremely similar in each case. Matched cumulative urinary recoveries of Ro 03-8799 racemic mixture and the R- or S-enantiomer are shown for the six individual patients in Fig. 3, and data for the corresponding *N*-oxide metabolite are illustrated in Fig. 4. No consistent differences between the racemic mixture and either enantiomer are evident from these data, and the similarity is confirmed by the mean cumulative recoveries presented in Fig. 5.

#### Discussion

Although the number of patients who could be examined in this study was necessarily restricted by the limited supply of the enantiomer preparations, the comparison of results within patients enables us to conclude with reasonable confidence that there are no major differences in the plasma pharmacokinetics, urinary clearance or N-oxidation of the individual R- and S-enantiomers of Ro 03-8799 as compared with the racemic mixture. A similar lack of stereoselectivity was also apparent when the toxicity of the preparations was compared [11], suggesting the possibility

that the acute toxicity syndrome may not involve a specific CNS receptor interaction. It should be mentioned, that we did not exclude the possibility of epimerization of Ro 03-8799 in vivo via oxidation of the clinical secondary alcohol to the ketone and subsequent reduction. However, we believe this to be unlikely, as there was no evidence of a ketone metabolite on HPLC; moreover, if reduction were to occur, it would be most likely to involve the nitro group preferentially.

## References

- Bleehen NM, Newman HFV, Maughan TS, Workman P (1989) A multiple dose study of the combined radiosensitizers Ro 03-8799 (pimonidazole) and SR 2508 (etanidazole). Int J Radiat Oncol Biol Phys 16: 1093
- Dennis MF, Stratford MRL, Wardman P, Watts ME (1985) Cellular uptake of misonidazole and analogues with acidic or basic functions. Int J Radiat Biol 47: 629
- Dische S, Saunders MI, Bennet MH, Dunphy EP, Des Rochers C, Stratford MRL, Minchinton AI, Wardman P (1986) A comparison of the tumour concentrations obtainable with misonidazole and Ro 03-8799. Br J Radiol 59: 911
- Dische S, Saunders MI, Dunphy EP, Bennet MH, Des Rochers C, Stratford MRL, Minchinton AI, Orchard RA (1986) Concentrations achieved in human tumors after administration of misonidazole, SR 2508 and Ro 03-8799. Int J Radiat Oncol Biol Phys 12: 1109

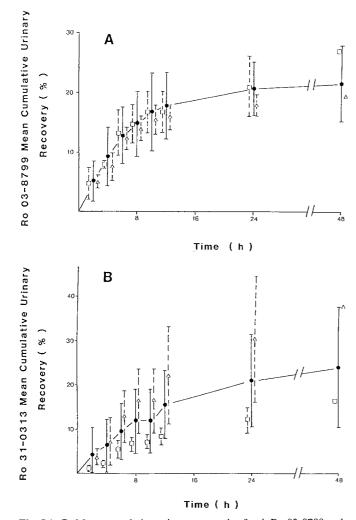


Fig. 5 A, B. Mean cumulative urinary recoveries for A Ro 03-8799 and B its *N*-oxide metabolite Ro 31-0313 following the administration of Ro 03-8799 racemic mixture ( $\bullet$ ) or the R- ( $\square$ ) or S-enantiomer ( $\triangle$ ). Average recoveries were calculated from the individual results presented in Figs. 4 and 5 and are shown  $\pm$  SD, except for the R- and S-enantiomers at 48 h, at which time only two values were available in each case

- Drayer DE (1986) Pharmacodynamic and pharmacokinetic differences between drug enantiomers in humans: an overview. Clin Pharmacol Ther 40: 125
- Freedman LS, Workman P (1988) When can infusion time be ignored in pharmacokinetics studies in humans? Cancer Chemother Pharmacol 22: 95
- Malcolm SL, Lee A, Groves JK (1983) HPLC analysis of Ro 03-8799 in biological samples. J Chromatogr 273: 327
- Miyano S, Lu LDL, Viti SM, Sharpless KB (1983) Kinetic resolution of racemic β-hydroxy amines by enantioselective N-oxide formation. J Org Chem 48: 3608
- Newman HFV, Bleehen NM, Workman P (1986) A phase I study of the combined hypoxic cell radiosensitizers, Ro 03-8799 and SR 2508; a preliminary report of single-dose toxicity, pharmacokinetics and tumour concentrations. Br J Radiol 59: 423
- Newman HFV, Bleehen NM, Workman P (1986) A phase I study of the combination of two hypoxic cell radiosensitizers, Ro 03-8799 and SR 2508: toxicity and pharmacokinetics. Int J Radiat Oncol Biol Phys 12: 1113
- Newman HFV, Dunphy EP, Bleehen NM, Dische S, Saunders MI, Des Rochers C, Workman P, Lenox-Smith I, Smithen CE (1986) A comparative study of Ro 03-8799: racemic mixture and enantiomers. Br J Radiol 59: 997
- 12. Portoguese PS (1970) Relationships between stereostructure and pharmacological activities. Annu Rev Pharmacol 10: 51
- Roberts JT, Bleehen NM, Walton MI, Workman P (1986) A clinical phase I toxicity study of Ro 03-8799; plasma, urine, tumour and normal brain pharmacokinetics. Br J Radiol 59: 107
- Saunders MI, Anderson PJ, Bennet MH, Dische S, Minchinton A, Stratford MRL, Tothill M (1984) The clinical testing of Ro 03-8799

   pharmacokinetics, toxicology, tissue and tumor concentrations. Int J Radiat Oncol Biol Phys 10: 1759
- 15. Simonyi M (1984) On chiral drug action. Med Res Rev 4: 359
- Smithen CE (1981) New nitroimidazoles. European patent 0000928.
   F. Hoffmann-La Roche and Co. AG, Zurich
- 17. Smithen CE, Clarke ED, Dale JA, Jacobs RS, Wardman P, Woodcock M (1980) Novel (nitro-1-imidazolyl)-alkanolamines as potential radiosensitizers with improved therapeutic properties. In: Brady LW (ed) Radiation sensitizers: Their use in the clinical management of cancer. Masson, New York, pp 22–32
- Wagner JG (1975) In: Fundamental of clinical pharmacokinetics. Drug Intelligence Publications, Illinois
- Walton MI, Bleehen NM, Workman P (1985) The reversible N-oxidation of the nitroimidazole radiosensitizer Ro 03-8799. Biochem Pharmacol 34: 3939
- Wilen SH (1971) Resolving agents and resolutions in organic chemistry. In: Allinger NL, Eliel EL (eds) Topics in stereochemistry. Wiley Interscience, New York, pp 107-176
- Williams KM (1984) Kinetics of misonidazole enantiomers. Clin Pharmacol Ther 36: 817
- Williams MV, Denekamp J, Minchinton AI, Stratford MRL (1982)
   In vivo assessment of basic 2-nitroimidazole radiosensitizers. Br J Cancer 46: 127